

# Weekly Interim Report New Zealand

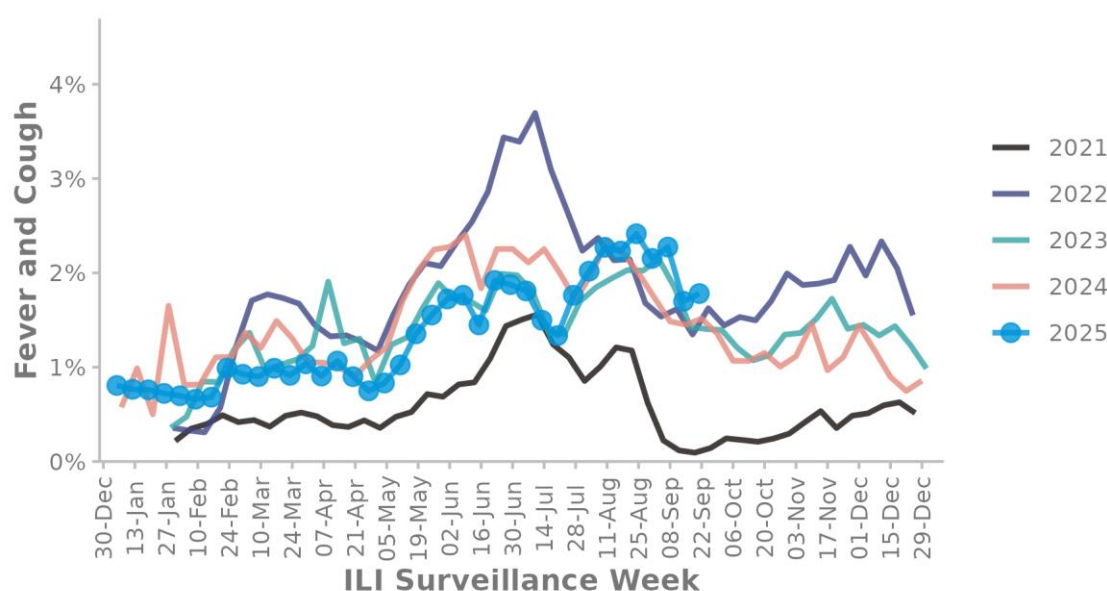
PHF Science

Week Ending 21 September 2025

Low levels of respiratory illness activity. Fever, cough and absence from normal duties was reported by 1.5% participants

*(FluTracking is an online self-reporting respiratory illness surveillance system. Care should be taken when interpreting this report)*

FIGURE 1. FLUTRACKING FEVER AND COUGH SYMPTOMS



This survey was sent in the early hours of 22 September 2025 and by 25 September 2025 08:30 am we had received 30,234 responses (30,476 last week) from 19,687 people responding for themselves and 10,547 household members across New Zealand.

Across New Zealand, fever AND cough was reported by 1.8% of participants. Fever, cough and absence from normal duties was reported by 1.5% participants. Fever AND cough was reported by 7% of participants aged less than 5 years, 3.3% of participants aged 5-19 years, 1.6% of participants aged 20-64 years, and 0.8% of participants aged 65 years or older.

**The incidence calculation has recently been updated. Numbers from this report will currently not match incidence on the [New Zealand Influenza Intelligence Report](#). The data presented here should not be treated as authoritative and should always be interpreted together with other trusted sources from the [New Zealand Influenza Intelligence Report](#)**

TABLE 1. RESPONDENT NUMBERS BY JURISDICTION

| Region         | Respondents | Percentage |
|----------------|-------------|------------|
| Northern       | 8,600       | 28.4%      |
| Te Manawa Taki | 4,235       | 14%        |
| Central        | 8,950       | 29.6%      |
| Te Waipounamu  | 8,446       | 27.9%      |

TABLE 2. SELF-REPORTED COVID-19 AND INFLUENZA TESTING

|                               | Week Ending       |                   |
|-------------------------------|-------------------|-------------------|
| (% of fever and cough)        | 14 September 2025 | 21 September 2025 |
| Tested for influenza          | 21 (4.7%)         | 11 (2.6%)         |
| Result positive for influenza | 2 (9.5%)          | 0 (0%)            |
| Tested for COVID-19           | 22 (4.9%)         | 15 (3.5%)         |
| Result positive for COVID-19  | 1 (4.5%)          | 1 (6.7%)          |

FIGURE 2. FLUTRACKING FEVER AND COUGH SYMPTOMS BY AGE GROUP

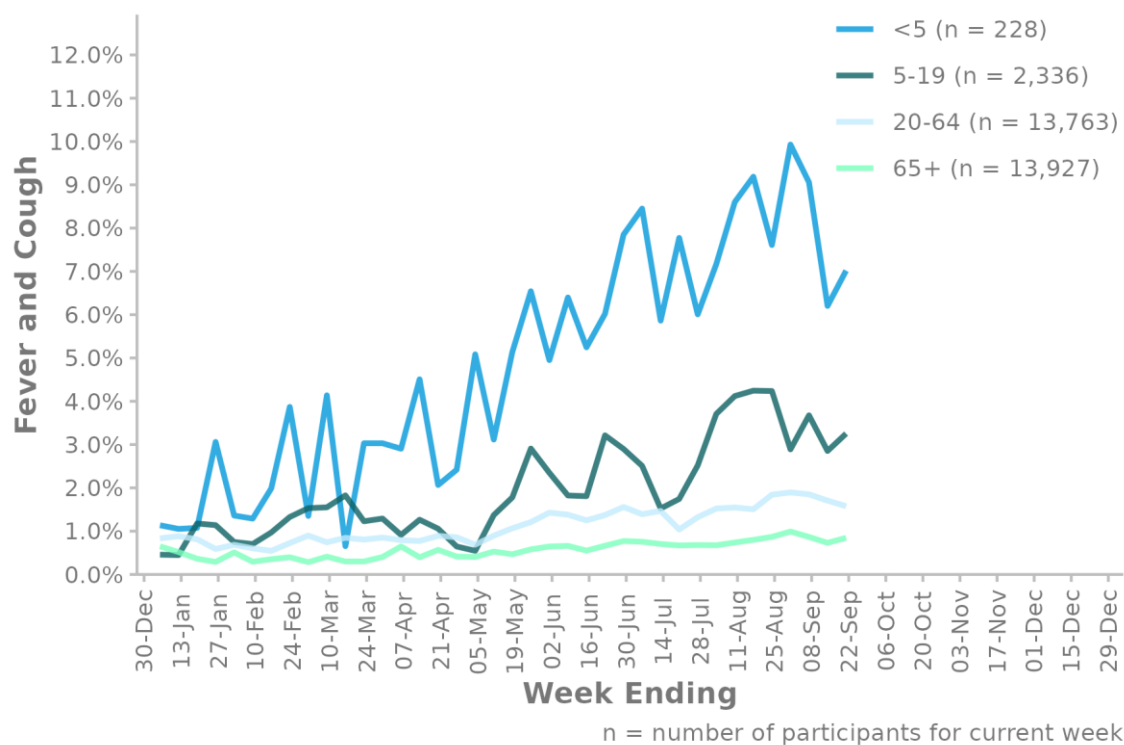
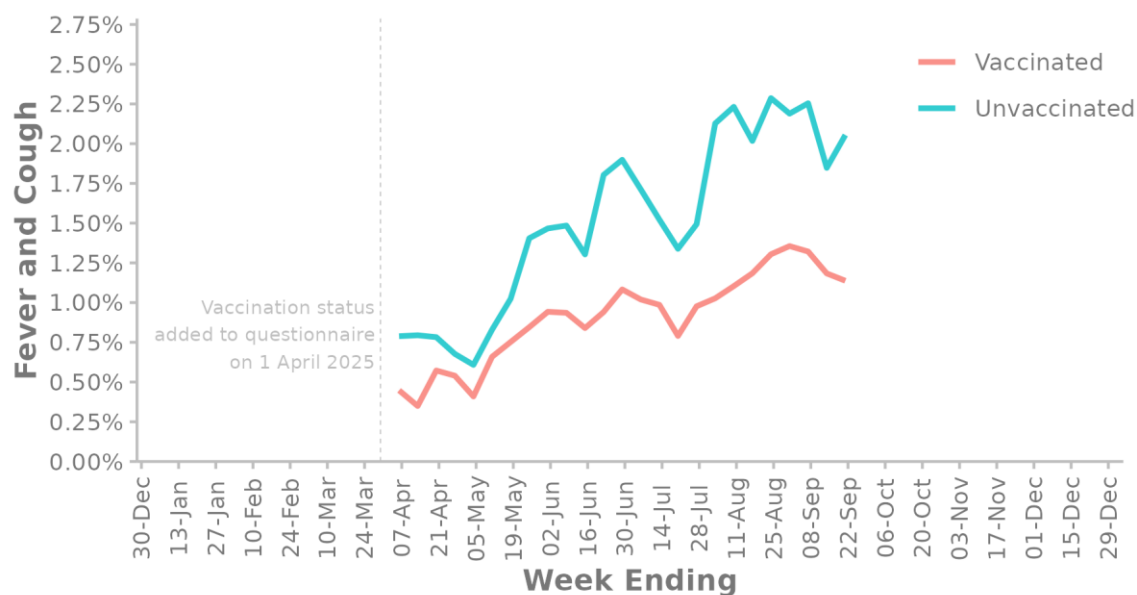


FIGURE 3. FLUTRACKING FEVER AND COUGH SYMPTOMS BY INFLUENZA VACCINATION STATUS



Contact the Flutracking Team: [flutracking.nz@phfscience.nz](mailto:flutracking.nz@phfscience.nz) To join the survey or find out more information: [info.flutracking.net](http://info.flutracking.net)