

Weekly Interim Report New Zealand

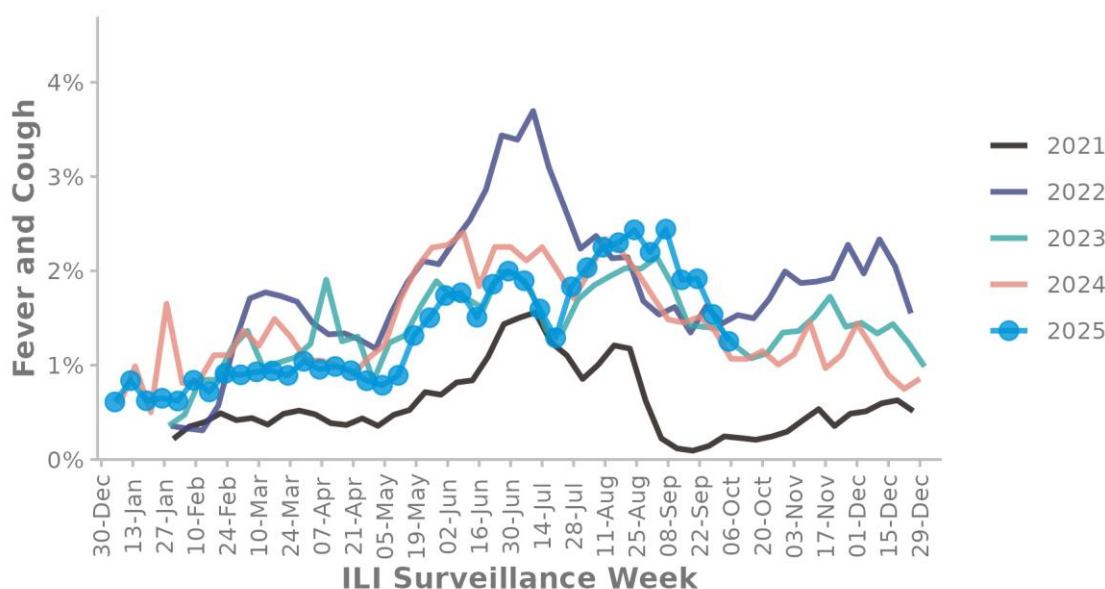
PHF Science

Week Ending 05 October 2025

Low levels of respiratory illness activity. Fever, cough and absence from normal duties was reported by 0.9% participants

(FluTracking is an online self-reporting respiratory illness surveillance system. Care should be taken when interpreting this report)

FIGURE 1. FLUTRACKING FEVER AND COUGH SYMPTOMS



This survey was sent in the early hours of 06 October 2025 and by 09 October 2025 08:30 am we had received 30,150 responses (29,713 last week) from 19,651 people responding for themselves and 10,499 household members across New Zealand.

Across New Zealand, fever AND cough was reported by 1.3% of participants. Fever, cough and absence from normal duties was reported by 0.9% participants. Fever AND cough was reported by 6.5% of participants aged less than 5 years, 0.9% of participants aged 5-19 years, 1.1% of participants aged 20-64 years, and 0.6% of participants aged 65 years or older.

The incidence calculation has recently been updated. Numbers from this report will currently not match incidence on the [New Zealand Influenza Intelligence Report](#). The data presented here should not be treated as authoritative and should always be interpreted together with other trusted sources from the [New Zealand Influenza Intelligence Report](#)

TABLE 1. RESPONDENT NUMBERS BY JURISDICTION

Region	Respondents	Percentage
Northern	8,630	28.6%
Te Manawa Taki	4,250	14.1%
Central	8,922	29.6%
Te Waipounamu	8,345	27.7%

TABLE 2. SELF-REPORTED COVID-19 AND INFLUENZA TESTING

	Week Ending	
(% of fever and cough)	28 September 2025	05 October 2025
Tested for influenza	13 (3.6%)	9 (3.4%)
Result positive for influenza	3 (23.1%)	1 (11.1%)
Tested for COVID-19	19 (5.2%)	9 (3.4%)
Result positive for COVID-19	0 (0%)	0 (0%)

FIGURE 2. FLUTRACKING FEVER AND COUGH SYMPTOMS BY AGE GROUP

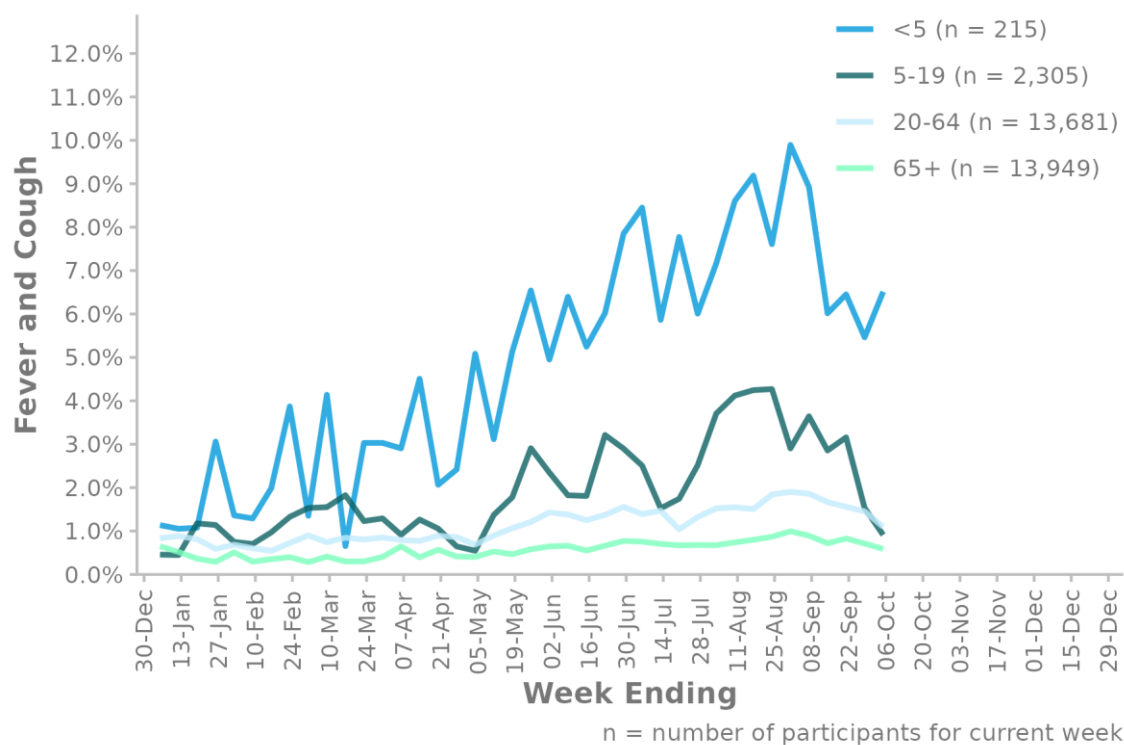
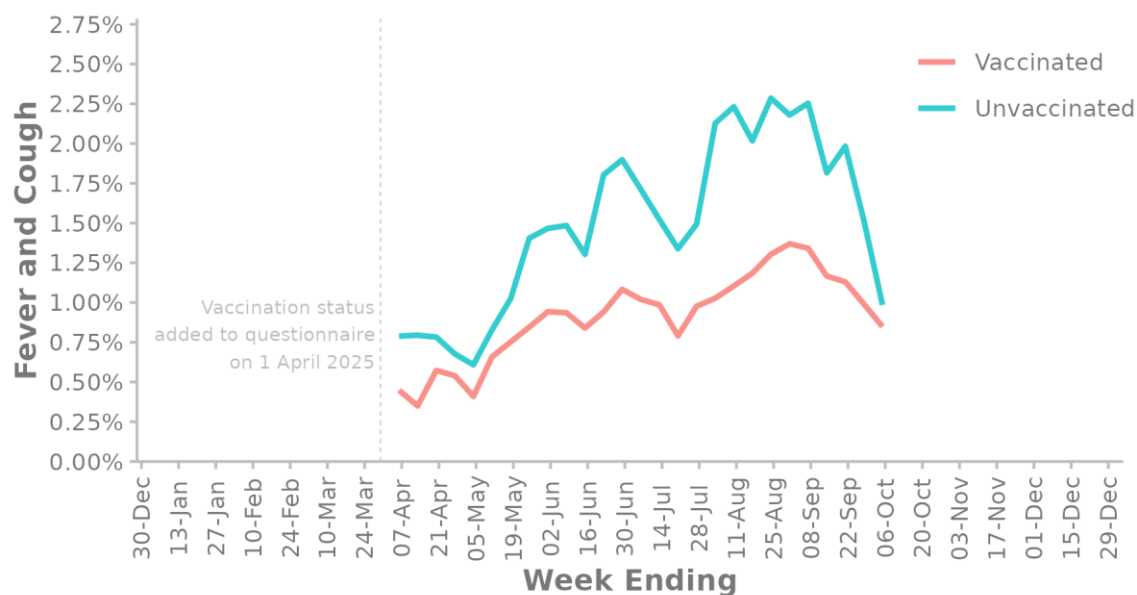


FIGURE 3. FLUTRACKING FEVER AND COUGH SYMPTOMS BY INFLUENZA VACCINATION STATUS



Contact the Flutracking Team: flutracking.nz@phfscience.nz To join the survey or find out more information: info.flutracking.net