

Weekly Interim Report New Zealand

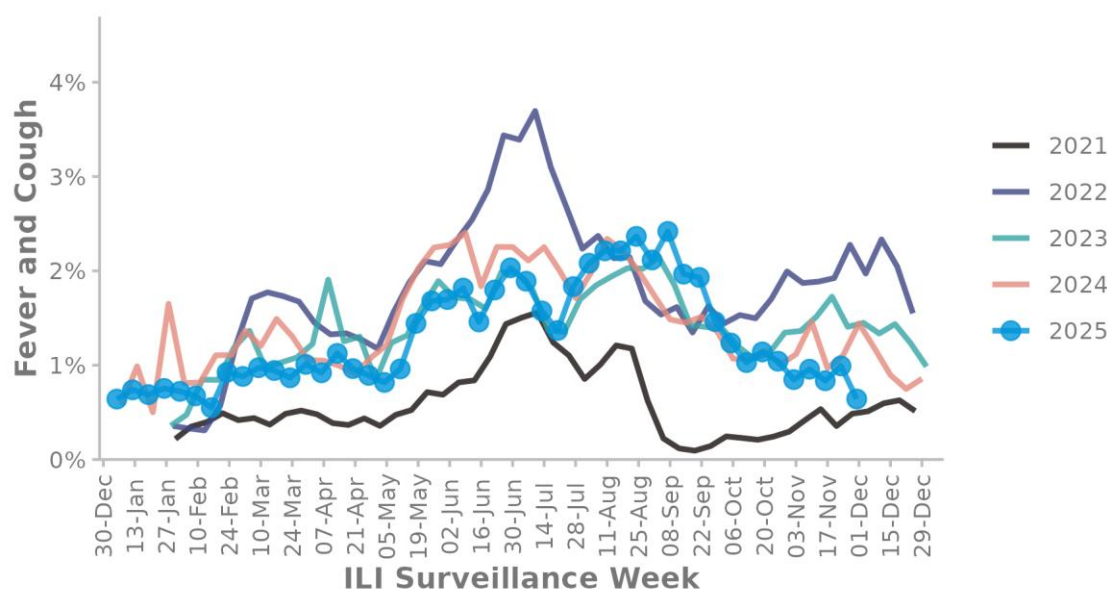
PHF Science

Week Ending 30 November 2025

Low levels of respiratory illness activity. Fever, cough and absence from normal duties was reported by 0.5% participants

(FluTracking is an online self-reporting respiratory illness surveillance system. Care should be taken when interpreting this report)

FIGURE 1. FLUTRACKING FEVER AND COUGH SYMPTOMS



This survey was sent in the early hours of 01 December 2025 and by 04 December 2025 08:30 am we had received 16,008 responses (17,625 last week) from 10,988 people responding for themselves and 5,020 household members across New Zealand. Please note over the summer period there will be a reduced sample size for FluTracking.

Across New Zealand, fever AND cough was reported by 0.6% of participants. Fever, cough and absence from normal duties was reported by 0.5% participants. Fever AND cough was reported by 1.2% of participants aged less than 5 years, 0.6% of participants aged 5-19 years, 0.4% of participants aged 20-64 years, and 0.4% of participants aged 65 years or older.

The incidence calculation has recently been updated. Numbers from this report will currently not match incidence on the [New Zealand Influenza Intelligence Report](#). The data presented here should not be treated as authoritative and should always be interpreted together with other trusted sources from the [New Zealand Influenza Intelligence Report](#)

TABLE 1. RESPONDENT NUMBERS BY JURISDICTION

Region	Respondents	Percentage
Northern	4,506	28.1%
Te Manawa Taki	2,163	13.5%
Central	4,815	30.1%
Te Waipounamu	4,523	28.3%

TABLE 2. SELF-REPORTED COVID-19 AND INFLUENZA TESTING

	Week Ending	
(% of fever and cough)	23 November 2025	30 November 2025
Tested for influenza	2 (1.7%)	2 (2.8%)
Result positive for influenza	0 (0%)	1 (50%)
Tested for COVID-19	4 (3.4%)	3 (4.2%)
Result positive for COVID-19	0 (0%)	0 (0%)

FIGURE 2. FLUTRACKING FEVER AND COUGH SYMPTOMS BY AGE GROUP

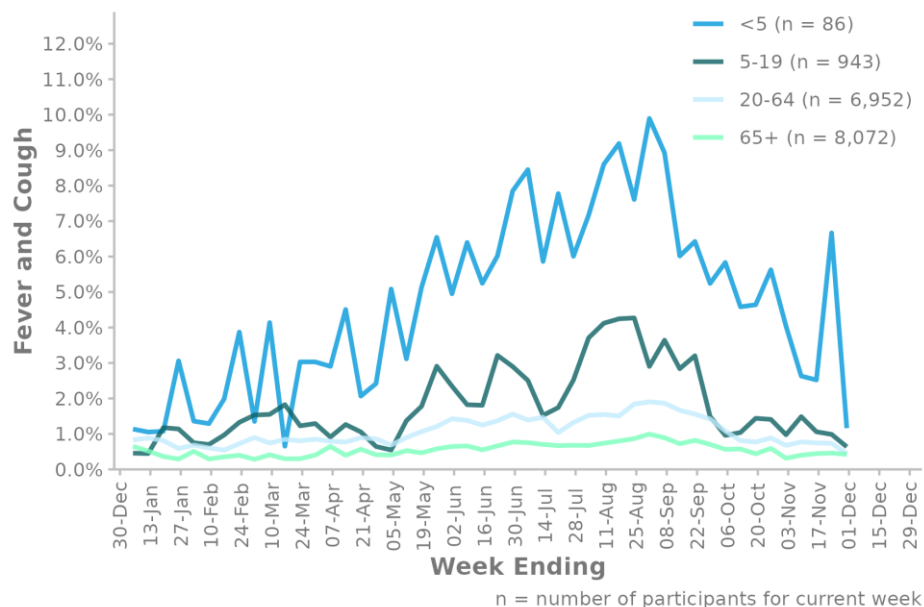
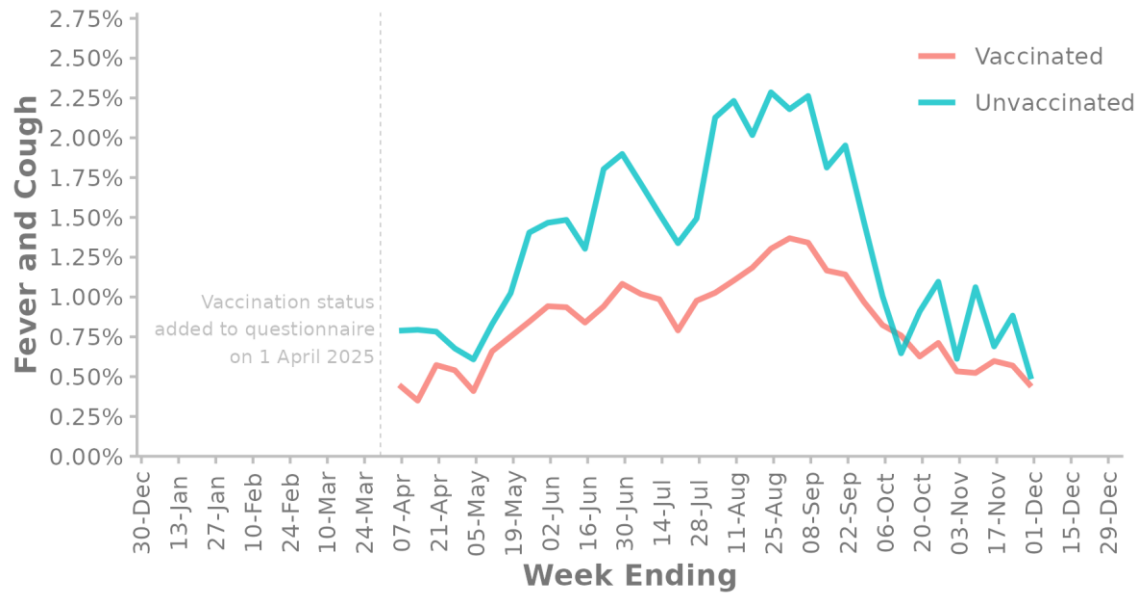


FIGURE 3. FLUTRACKING FEVER AND COUGH SYMPTOMS BY INFLUENZA VACCINATION STATUS



Contact the Flutracking Team: flutracking.nz@phfscience.nz To join the survey or find out more information: info.flutracking.net