

Weekly Interim Report New Zealand

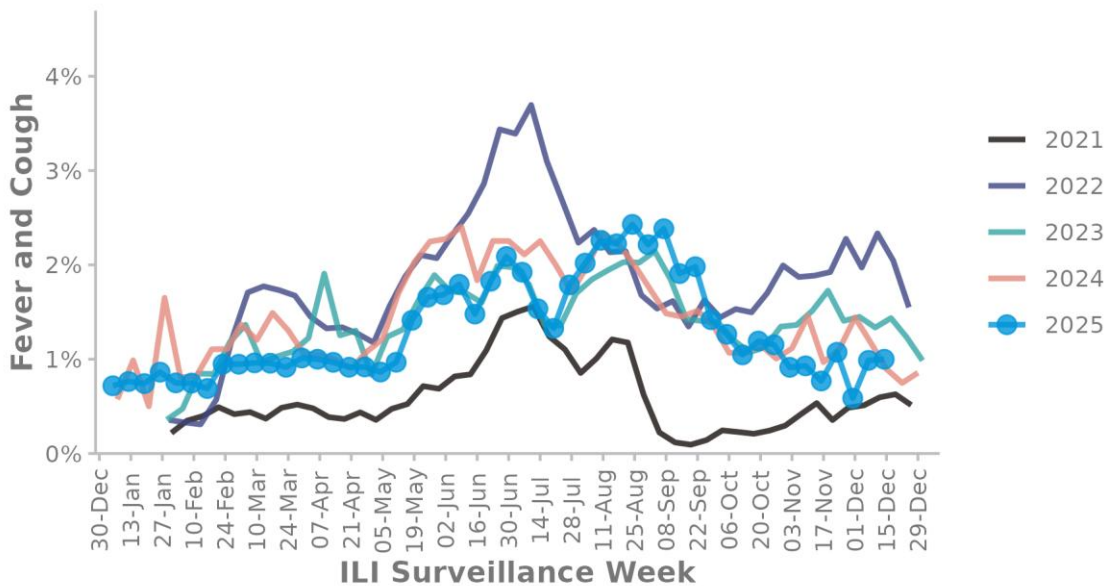
PHF Science

Week Ending 14 December 2025

Low levels of respiratory illness activity. Fever, cough and absence from normal duties was reported by 0.8% participants

(FluTracking is an online self-reporting respiratory illness surveillance system. Care should be taken when interpreting this report)

FIGURE 1. FLUTRACKING FEVER AND COUGH SYMPTOMS



This survey was sent in the early hours of 15 December 2025 and by 18 December 2025 08:30 am we had received 15,281 responses (15,235 last week) from 10,554 people responding for themselves and 4,727 household members across New Zealand.

Across New Zealand, fever AND cough was reported by 1% of participants. Fever, cough and absence from normal duties was reported by 0.8% participants. Fever AND cough was reported by 2.7% of participants aged less than 5 years, 1.6% of participants aged 5-19 years, 0.7% of participants aged 20-64 years, and 0.4% of participants aged 65 years or older.

The incidence calculation has recently been updated. Numbers from this report will currently not match incidence on the [New Zealand Influenza Intelligence Report](#). The data presented here should not be treated as authoritative and should always be interpreted together with other trusted sources from the [New Zealand Influenza Intelligence Report](#)

TABLE 1. RESPONDENT NUMBERS BY JURISDICTION

Region	Respondents	Percentage
Northern	4,273	28%
Te Manawa Taki	2,108	13.8%
Central	4,545	29.7%
Te Waipounamu	4,354	28.5%

TABLE 2. SELF-REPORTED COVID-19 AND INFLUENZA TESTING

(% of fever and cough)	Week Ending	
	07 December 2025	14 December 2025
Tested for influenza	3 (3.3%)	4 (4.1%)
Result positive for influenza	0 (0%)	0 (0%)
Tested for COVID-19	4 (4.3%)	5 (5.1%)
Result positive for COVID-19	0 (0%)	0 (0%)

FIGURE 2. FLUTRACKING FEVER AND COUGH SYMPTOMS BY AGE GROUP

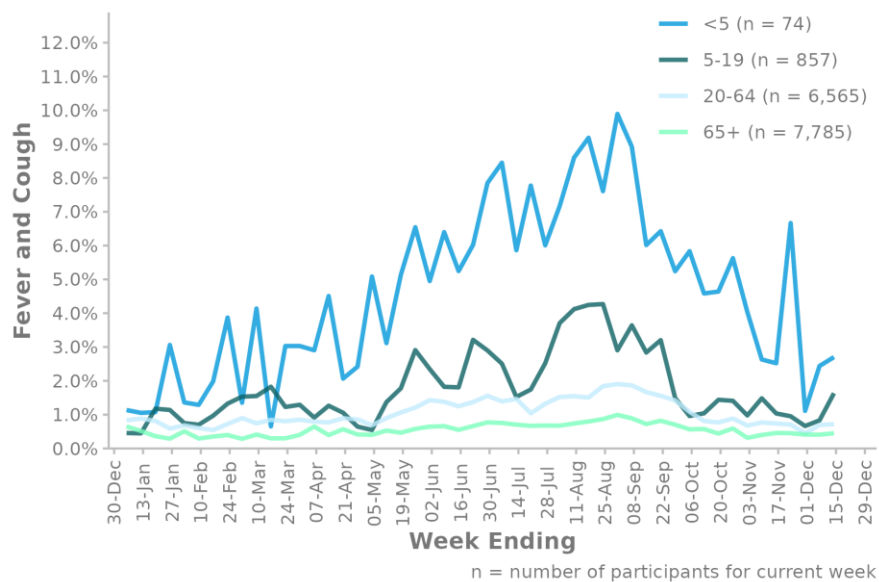
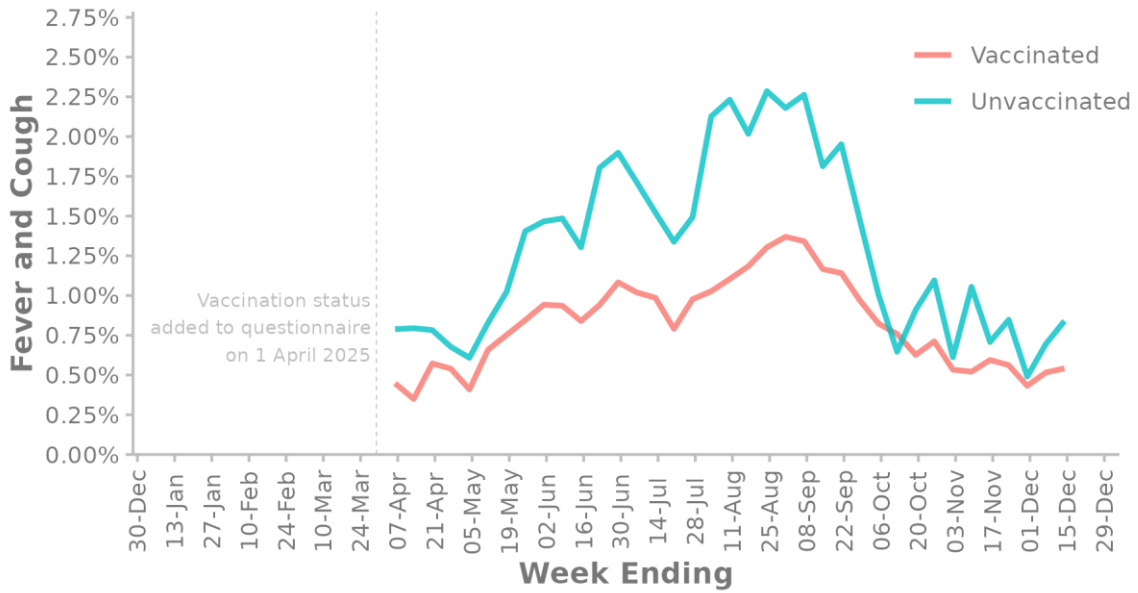


FIGURE 3. FLUTRACKING FEVER AND COUGH SYMPTOMS BY INFLUENZA VACCINATION STATUS



Contact the Flutracking Team: flutracking.nz@phfscience.nz To join the survey or find out more information: info.flutracking.net